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## Research Article

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# Evaluation and SAR Analysis of Low Frequency and Broadband Electric Field Exposure Measurement Values in the Home Environment

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## Abstract

In this study, the effective value of low frequency (50 Hz) and high frequency (700-2500 MHz) broadband electric field exposures were measured for 24 hours in four different selected environments in a house. All statistical values of 1000 data recorded with two measuring devices for 24 hours in each environment are calculated, the most appropriate curves are fitted to the data, and the curves are plotted by expressing their changes with respect to time. All statistical and parametric values of the density and cumulative probability functions of the curves are calculated and plotted. In broadband measurements, the broadband is divided into fifteen sub-bands, but the data are available in only six of these sub-bands. The six-layer human head model is created by using the middle frequencies of the six sub-bands used, and taking the permittivity  $\epsilon_r$  and conductivity  $\sigma$  of each layer into consideration. The specific absorption rate (SAR) value in the brain is calculated by using total transmission coefficient of six layers. SAR value surrounding the head is obtained. These SAR values are interpreted by considering the federal communications commission (FCC) and the community european (CE) occupational and general public the SAR limits.

**Keywords:** SAR, Broadband, Cumulative Probability, Curve fitting, Electromagnetic field, Probability density function

# 1 Introduction

The rapid development of technology brings with it the result of living in an intense electromagnetic field. In our homes, there is a low (50 Hz) frequency electromagnetic field exposure from the mains which is required by all electrical household appliances, and from lighting. In addition, there is also broadband induced electromagnetic field exposure. Technology, which has an important role in shaping the society, necessitates living in electromagnetic fields of varying amplitude, from the low frequency (50 Hz) formed by network and overhead lines to the high frequency of the Ku (10-12 GHz) band of satellite broadcasts. Especially with the advent of the 5G system, the frequency used in communication has increased, and the damage it has caused on human tissue has increased even more since they have greater energy. Electromagnetic exposure has become destiny in modern societies. Therefore, knowing both low and GSM-induced electromagnetic field exposure in the environments we live in is very important for the health and mental relaxation of the people in the environment. Based on this result, both low and broadband based measurements were made in four places where people living in a home environment spend a lot of time. The measurements were carried out in such a way that the devices save 1000 data in their memory for 24 hours. In the measurements made, the effective value of the electric field was recorded. The data in all measurements were compared with the limit values determined by the international radiation protection association (ICNIRP). In broadband based measurements, the band between 700 MHz and 2500 MHz was divided into fifteen bands and the band of the data was determined

and their statistical values were calculated. At the same time, the data received from the memory of the devices were plotted in MATLAB depending on the time. Some studies in this area are presented below. In addition to the low-frequency electric field measurements made in six minutes at 30 different points in the city center of Diyarbakir (Turkey), magnetic field measurements were made under the high voltage line within a one-hour period and these measurement values were shown graphically. In the 50 Hz electric field measurements made at 30 points, it was noted that the limit value of 5000 V/m determined by ICNIRP was exceeded at three points [1]. Internal substations (TSs) commonly used in Spain are located inside residential buildings on the ground floor. The electromagnetic field emitted by these transformers causes people living in the surrounding buildings to be exposed to these fields. The Spanish municipality of Silla (Valencia, Spain) made measurements to determine the electromagnetic field level that people living in the buildings near these substations are exposed to, especially in places where they spend most of their time, such as bedrooms and living rooms, and whether this level is above the limit values determined in terms of health. In the light of the measurements, it is recommended that the rooms in the house where the exposure is low should be used as living or bedroom [2]. Measurements were made within six minutes in three micro-regions (school, home and office) where the electromagnetic field is concentrated, and the average value of the field and its percentages in the GSM band are indicated (Belgium) [3]. In this study, a 24-question questionnaire consisting of different variables was applied to 80 selected personnel in Corlu (Tekirdag Turkey) state hospital

to determine the level of electromagnetic field exposure and to investigate its effects on the personnel working in this hospital. In order to determine the electromagnetic field, measurements were made in different parts of the hospital, and according to these measurements and the analysis results of the questionnaire, a statistically significant relationship was found between headache, weakness, irritability, fatigue and forgetfulness and the electromagnetic field level in the environment where the hospital staff were [4]. Some studies have shown that the male reproductive system is one of the most sensitive organs to electromagnetic radiation. A study was conducted to elucidate the relationship between epigenetics and radiation. Studies on mice have shown that mice exposed to a certain magnetic field cause abnormal deoxyribonucleic acid (DNA) methylation on their genes [5]. In this study, magnetic field measurements were made around medium and high voltage transmission lines. In the regions 75 m away from the transmission lines in Antalya (Turkey), there are home, school etc. The electric fields and current densities induced on living people have been investigated [6]. There has been research on how electromagnetic fields affect multiple body functions [7]. In our world created by modern technology, low-frequency electromagnetic field values created by the use of electrical devices have been measured and compared with limit values [8]. Low (50 Hz) frequency and broadband (700 MHz-2500 MHz) high frequency electric field effective values were measured at 32 points between the hours of 10:00 am and 03:00 pm on weekdays in the central campus of Ordu University (Turkey). The measurements are set to save five values in

the memory of the devices in six minutes at each point. Measurement results were plotted with MATLAB, curves were fitted to the measurement values [9]. 50 Hz and broadband sourced electric field effective value measurement was made in the selected region and it was observed that the measured values were below the limit values (Turkey) [10]. In a study, it is aimed to evaluate the suitability of the work areas in terms of occupational health and safety by comparing the electromagnetic field levels in the work areas with national and international limit values, to determine the possible health effects of electromagnetic fields on the employees, to contribute to epidemiological and experimental research by determining the awareness levels of the employees on this issue and to contribute to the electromagnetic field (Turkey) [11]. Electromagnetic field values created by television (Tv), radio, mobile phone and wireless communication devices in closed areas (offices, public transportation vehicles) have been measured and evaluated [12]. An Epidemiological study was conducted in France to investigate the effects of radiofrequency electromagnetic fields (RF-EMF) on humans. In that study, measurements were taken at a distance of 250 m from the base station in 354 houses. This study is the first to assess RF-EMF exposure of people living near an mobile phone base stations (MPBS) in urban areas in France. According to that study, there were significant differences in measurements between day and night, and between weekdays and weekends [13]. The health effects of exposure under high voltage have been investigated [14]. A study was conducted to review the findings of 50 Hz exposure measurement studies conducted in European countries [15]. A study was carried out in order

to determine the electromagnetic field value to which health personnel working in magnetic resonance imaging devices and diathermy devices are exposed to in eleven different institutions operating in the health sector [16]. Electromagnetic field values were measured at 44 different points in Marmara University's Goztepe campus (Istanbul, Turkey) and it was observed that all of these measured values were below the limit values [17]. In a study, EMF values created by all wireless networks were measured five times on different days and times in business, entertainment and shopping centers in the city center of USA, Columbia, SC. Then, the statistics of these measurement values were made [18]. In addition to the RF-EMF measurement results and methods made so far, a forward looking study has been conducted asking which methods and parameters should be used to guide these methods in future studies [19]. Bursa Nilufer municipality (Turkey) has prepared and presented these results in a report as a result of measurements and observations made at 74 points on 5-6 march 2007 to determine the level of electromagnetic pollution originating from high voltage lines, transformers and base stations within the borders of Bursa [20]. Within the coverage area of the base station located in the Bahcelievler neighborhood in the city center of Ordu (Turkey), the effective value measurement of the broadband sourced electric field was made at 49 points, starting from the point close to the base station and moving away from the base station, provided that it remains within the coverage area. Results are shown on the map using Google earth [21]. Broadband sourced electric field effective value measurement was made at 500 points in the city center of Ordu (Turkey). In addition, 24-hour measurements were taken in the houses

opposite the base stations in the measurement areas and the results of the measurements were evaluated [22]. The measurement of the exposure values of infants living in Turkey in the electromagnetic field originating from GSM, the city of Izmir was selected as the pilot region, and the results were evaluated by measuring the electromagnetic field in the environments where a total of 151 babies living in certain houses in this city lived [23]. Electromagnetic field created by transformers and high voltage lines in certain public areas in Konya city (Turkey) center was measured and the results were compared with the limit values [24]. The summary of these studies is provided in Table 1.

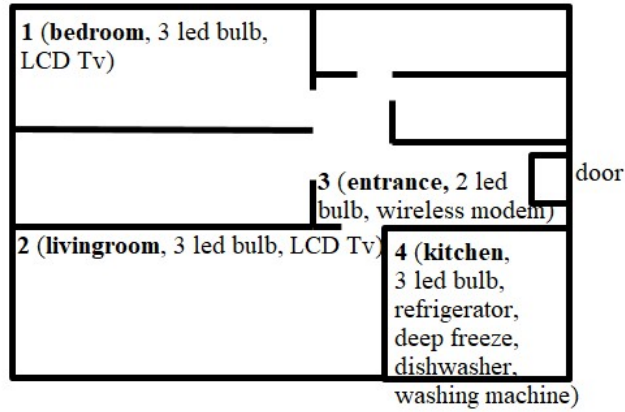
**Table 1** Comparison of some studies in the literature in the field of electric field measurement and evaluation at 50 Hz and broadband.

Ref.	measured frequency range	measured time	measured quantity	measured area	Calculated and plotted and tables values
[3]	WiFi, FM, GSM, and UMTS	6 minutes	E	Schools, homes, and public places located in urban environments, in Belgium	E
[4]	GSM	6 minutes	E and H	Electromagnetic fields in Corlu state hospital (Turkey) measurements were made to determine its effects on health-care workers	E and H
[5]	50 Hz	22 hours	H	Mouse spermatocyte-derived GC-2 cell line was exposed to 50 Hz ELF-EMF (in vitro)(5 min ON and 10 min OFF)	H
[6]	50 Hz	6 minutes	H	2000 families, about 200 workers and a thousand of primary school students are in the focus of this study	H
[10]	DECT	6 minutes	E and H	380;154 ve 34.5 kV (50 Hz)(Turkey) Measurements were made from a certain distance from DECT phones, the phone was normal, on and at the moment of ringing (Turkey)	H, E tables
[11]	Wireless telephones:(1880-1900 MHz),Public purpose radios: (45-500 MHz),Bluetooth: 2450 MHz,Microwave ovens: 2450 MHz	6 minutes	E	Radio frequency level electromagnetic field intensity measurements were carried out in the offices of five different workplaces:two public institutions, one private company, one university and one hospital(Turkey)	E tables
[13]	FM, TV3-4-5, TETRA I-II-III,2-5 GHz, Wi-Fi, WiMax, GSM 900,GSM 1800, UMTS 900, UMTS 2100,LTE 800, LTE 1800 and LTE 2600	weekdays and weekends	E	This is the first study to evaluate RF-EMF exposure of people living near (250 m away) the mobile-phone base station MPBS in urban areas in France. Such spot measurements were performed in the homes of 354 people	$E_{min}, E_{median}, E_{max}, E_{mean}, E_{std}$ and tables
[14]	50 Hz	4-24 hours	H	Adults aged 16 and over in Norway testing for exposure to electromagnetic fields from high voltage power lines.	H, table
[17]	GSM	24 hours	E	Outdoor measurements were made at 44 different points at Marmara university in Goztepe campus in Istanbul (Turkey)	E table and figure

## 2 Material and Method

In a home environment, there are low frequency electromagnetic wave emitters originating from the mains voltage used by lighting and electronic devices, and

high frequency (broadband) electromagnetic wave emitters such as mobile phone modems. Fig. 1 shows the four environments in which measurements were made and the list of low and high frequency electromagnetic emitters in these four environments.



**Fig. 1** Measurement environments and electronic devices in the environment



**Fig. 2** Measurement place and measuring instruments

Fig. 2 shows the building, floor, wireless modem, devices where the measurement was made, and location and coordinate information via Google earth. There are institutions and organizations that determine the impact of both low and high frequency electromagnetic waves on human health, both the electric field and the limits of the SAR values

created by these electric fields, especially on the human head, both nationally and internationally, depending on the frequency. While there may be countries that apply these international limit values as they are, there are countries that accept and implement values smaller than

these values. While ICNIRP is the international organization that determines these limit values, information technologies and communications authority (ICTA) determines them in our country (Turkey). ICTA uses 70% of the value determined by ICNIRP. Fig. 3 shows the variation of ICNIRP and ICTA's general public exposure electric field limit values with frequency. In this study, low and broadband (700-2500 MHz) electric field effective values were measured in a

house in four different environments for 24 hours. 50 Hz source measurements were made with the NF-3035 measuring device, and broadband measurements were made with the HF-60105 device and the Omnilog 90200 antenna connected to it. 1000 electric field effective values were recorded in every environment for 24 hours. The technical specifications of both measuring devices used for measurement are given in Table 2.

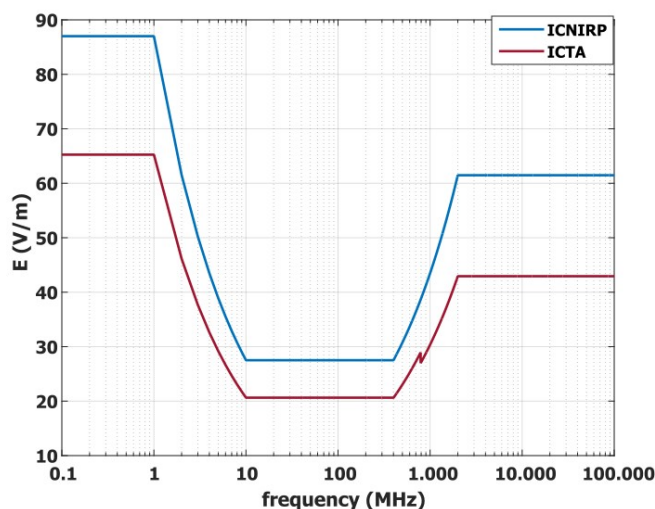


Fig. 3 Electric field limit values determined by ICNIRP and ICTA for humans ([25])

Table 2 Technical specifications of the measuring devices

	Spectran NF-5035	Spectran HF-60105
Frequency Range	1 Hz- 1 MHz	1 MHz-9.4 GHz
Magnetic field (Tesla)	1 pT-2 mT	
Magnetic field (Gauss)	10 $\mu$ G-20 G	
Electric field (V/m)	0.1V/m – 20kV/m	
Resolution (RBW)	0.3Hz-1MHz (1,3,10 step)	200 Hz-50 MHz
Analog Input	200 nV-200 mV	
Units	V/m, T, G, A/m	dBm, dB $\mu$ V, V/m, A/m, W/m <sup>2</sup>
Input	High impedance SMA input (f)	50 Ohm SMA RF-input (f)
Detectors	RMS	AM, FM, PM, GSM
Demodulator	AM, FM	

Broadband is divided into fifteen sub-bands, and the low and high frequency values of each sub-band and the middle frequency ( $f_r$ ) of each sub-band are shown in Table 3. It can be seen from the table that broadband electric field measurement values are distributed only in

six sub-bands (LTE 800, ETC 1, GSM 900, ETC 2, LTE 1800 and WLAN) and the other nine sub-bands are empty.

$$f_r = f_{lower} + \frac{f_{upper} - f_{lower}}{2} \quad (1)$$

**Table 3** Division of broadband into fifteen subbands and frequency range

BANDS	$f_{lower}(MHz)$	$f_{upper}(MHz)$	$f_r(MHz)$
<b>LTE 800</b>	791	820.9	<b>805.95</b>
<b>ETC1</b>	821	925	<b>873</b>
<b>LTE 900</b>	925.1	935	930.05
<b>GSM 900</b>	935.1	961	<b>948.05</b>
<b>ETC 2</b>	961.1	1805	<b>1383.05</b>
<b>GSM 1800</b>	1805.1	1820	1812.55
<b>LTE 1800</b>	1820	1879	<b>1849.5</b>
<b>DECT</b>	1880	1899	1889.5
<b>ETC 3</b>	1900	2010	1955
<b>UMTS 2100</b>	2011	2170	2090.5
<b>ETC 4</b>	2171	2399	2285
<b>WLAN</b>	2400	2483	<b>2441.5</b>
<b>ETC 5</b>	2484	2569	2526.5
<b>LTE 2600</b>	2570	2670	2620
<b>ETC 6</b>	2671	3000	2835.5

By looking at the normalized root mean square error (NRMSE) values of all fitted curves, the curve with the smallest NRMSE value ( $0 < R - squared \leq 1$ ) was selected as the most suitable curve to determine whether the curves fitted to the density and cumulative probability (CP) values of the measured electric field effective values were the most suitable.

$$NRMSE = \frac{\sqrt{\frac{1}{N} \sum_1^N (x_i - \hat{x}_i)^2}}{\max(x) - \min(x)} \quad (2)$$

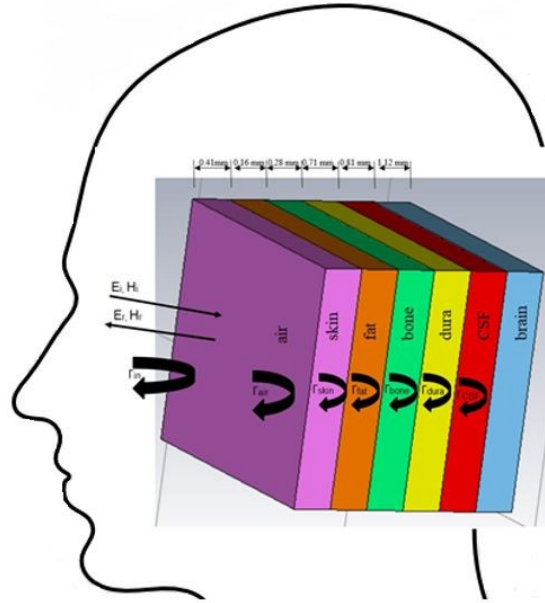
where N is the total number of measurements, i is the sample taken,  $x_i$  is the

measured electric field value,  $\hat{x}_i$  is the electric field value of the fitted curve. In order to calculate the SAR values caused by broadband measurement values on the head and brain of people living in the measurement environments, the density values and density values of the six-layer human head model created using the middle frequencies ( $f_r$ ) of the six sub-bands are shown in Table 4. To calculate the SAR values relative permittivity and electrical conductivity (S/m) ( $\epsilon_r, \sigma$ ) in Table 4.

**Table 4** Electrical properties of the layers forming the head model according to the 6 sublayer frequencies

		skin	fat	bone	dura	CSF	brain
LTE 800 (805.95 MHz)	$\epsilon_r$	41.66	5.47	12.51	44.55	68.85	46.04
	$\sigma$	0.83	0.04	0.12	0.92	2.35	0.73
ETC 1 (873 MHz)	$\epsilon_r$	41.44	5.46	12.46	44.42	68.72	45.84
	$\sigma$	0.84	0.04	0.12	0.93	2.36	0.73
GSM 900 (948.05 MHz)	$\epsilon_r$	41.26	5.45	12.41	44.31	68.61	45.67
	$\sigma$	0.88	0.05	0.14	0.97	2.43	0.79
ETC 2 (1383.05 MHz)	$\epsilon_r$	40.05	5.39	12.10	43.59	67.89	44.56
	$\sigma$	1.03	0.06	0.21	1.15	2.68	0.97
LTE 1800 (1849.5 MHz)	$\epsilon_r$	38.83	5.33	11.76	42.83	67.12	43.42
	$\sigma$	1.2	0.07	0.28	1.34	2.96	1.17
WLAN (2441.5 MHz)	$\epsilon_r$	38.04	5.28	11.38	42.04	66.23	42.53
	$\sigma$	1.45	0.1	0.39	1.66	3.44	1.5
$\rho$ (density) ( $kg/m^3$ )		1100	920	1850	1050	1060	1030

The six layer head model, which is given for each layer and density values ( $\epsilon_r, \sigma$ ) and created by taking these into account, is shown in fig. 4.



**Fig. 4** Head model created for SAR calculation ([32])

Limits for SAR values are determined between 10 kHz and 10 GHz, taking as reference the 1 gr and 10 gr tissues of the exposed organ or the whole body. In this

regard, while 1 gr of tissue is taken as reference in the FCC, 10 gr of tissue is taken as reference in the CE, and limit values have been determined for the working environment and public areas, as shown in the Table 5.

**Table 5** Occupational and general public exposure SAR limits ([31, 32])

	Whole-body average SAR(W/kg)	Localized SAR (Head and Trunk)(W/kg)	Localized SAR (Limbs) (W/kg)
<b>FCC (1 gr)</b>			
<b>Occupational Exposure</b>	0.4	8	20
<b>General Public Exposure</b>	0.08	1.6	4
<b>CE (10 gr)</b>			
<b>Occupational Exposure</b>	0.4	10	20
<b>General Public Exposure</b>	0.08	2	4

To calculate the SAR values in the brain, all electrical components of the six-layer head model angular frequency (rad/s), permittivity (F/m), propagation constant, impedance of the medium ( $\omega$ ), reflection coefficient, transmission coefficient ( $W$ ,  $\hat{\varepsilon}$ ,  $\hat{\gamma}$ ,  $\hat{\eta}$ ,  $\hat{\Gamma}$  and  $\hat{T}$ ) are found using the following equations 3-8

$$W = 2\pi f_r \quad (3)$$

$$\hat{\varepsilon} = \varepsilon \left( \frac{w\varepsilon_r\varepsilon_0 - i\sigma}{w\varepsilon_r\varepsilon_0} \right) \quad (4)$$

$$\hat{\gamma} = iw\sqrt{\mu\hat{\varepsilon}} \quad (5)$$

$$\hat{\eta} = \sqrt{\frac{\mu}{\hat{\varepsilon}}} \quad (6)$$

$$\hat{\Gamma}_2 = \frac{\hat{\eta}_2 - \hat{\eta}_1}{\hat{\eta}_1 + \hat{\eta}_2} \quad (7)$$

$$\hat{T}_2 = \frac{2\hat{\eta}_2}{\hat{\eta}_1 + \hat{\eta}_2} \quad (8)$$

Taking the head model (d1:0.41, d2: 0.16, d3:0.28, d4: 0.71, d5: 0.81 and d6:1.12 mm) the total reflection coefficient  $\hat{\Gamma}_{total}$  seen from the entrance is calculated as

$$\begin{aligned} \hat{\Gamma}_{total} = & \hat{\Gamma}_1 + \hat{\Gamma}_2 e^{-2(\hat{\gamma}_1 d_1)} + \hat{\Gamma}_3 e^{-2(\hat{\gamma}_1 d_1 + \hat{\gamma}_2 d_2)} + \hat{\Gamma}_4 e^{-2(\hat{\gamma}_1 d_1 + \hat{\gamma}_2 d_2 + \hat{\gamma}_3 d_3)} + \\ & + \hat{\Gamma}_5 e^{-2(\hat{\gamma}_1 d_1 + \hat{\gamma}_2 d_2 + \hat{\gamma}_3 d_3 + \hat{\gamma}_4 d_4)} + \hat{\Gamma}_6 e^{-2(\hat{\gamma}_1 d_1 + \hat{\gamma}_2 d_2 + \hat{\gamma}_3 d_3 + \hat{\gamma}_4 d_4 + \hat{\gamma}_5 d_5)} \end{aligned} \quad (9)$$

Then, to find the electric field values reaching the brain, the total transmission coefficient is calculated using

equation(10) ([30])

$$\hat{T}_{in} = 1 + \hat{\Gamma}_{total} \quad (10)$$

The electric field values reaching the brain of the broadband electric field effective values measured in four environments are obtained by

$$|\overrightarrow{E_{i\text{brain}}}| = |\hat{T}_{in}| |\overrightarrow{E_i}| \quad (11)$$

SAR value occurring in the brain is

$$SAR_{\text{brain}} = \frac{\sigma_{\text{brain}}}{\rho_{\text{brain}}} |\overrightarrow{E_{i\text{brain}}}|^2 (W/kg) \quad (12)$$

The SAR value formed in the head part was calculated using the electric field effective values measured in four environments.

$$SAR_{\text{skin}} = \frac{\sigma_{\text{skin}}}{\rho_{\text{skin}}} |\overrightarrow{E_{i\text{skin}}}|^2 (W/kg) \quad (13)$$

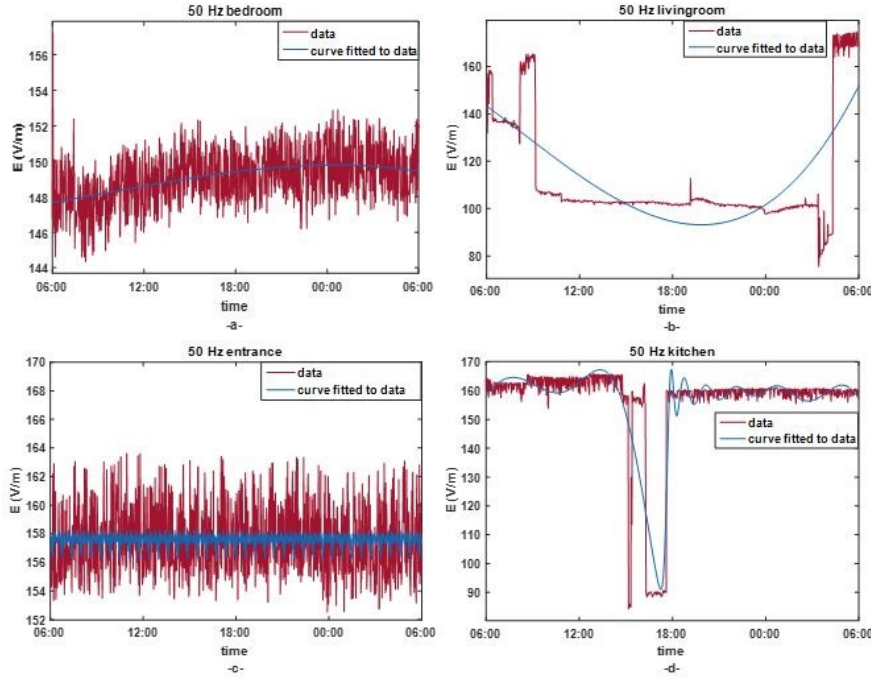
where

$\overrightarrow{E_i}$ : effective value of the measured electric field. (V/m)

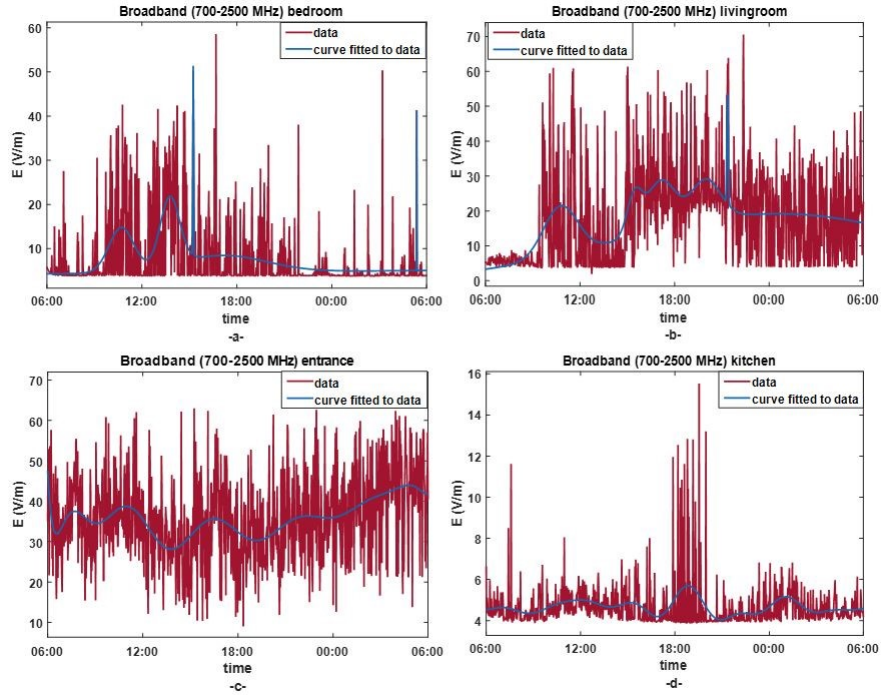
$\rho$ : mass density of the tissue ( $kg/m^3$ )

### 3 Research Results and Discussion

The variations of the low frequency and broadband electric field effective values recorded for 24 hours and the best fit curves fitted to these values are shown in fig. 5 and fig. 6, respectively.



**Fig. 5** Variation of 50 Hz electric field measurement values according to the number of measurements in the home environment



**Fig. 6** Variation of broadband electric field measurement values in the home environment over time

In fig. 5, since it is the entrance of the house and there is a single lamp and modem in this environment, it is seen that the average electric field in this environment is the highest (157.55 V/m) but the change around this average (std) is 2.5 V/m. In other words, whether the lamp at the entrance is on or off does not have much of an effect on the electric field. It can be seen that the highest measured electric field value is 174 V/m and the lowest is 76 V/m. It is seen that all measured electric field values are well below the 5000 V/m limit value determined by ICNIRP for public environments, the highest measured value is 174 V/m, which corresponds to 3.48 % of the limit value. In fig. 6, it can be seen that the average and standard deviation (std) of the electric field in the entrance environment where the wireless modem is

located and the livingroom environment located nearby are larger than the other two environments. As a result of using three led lamps and a mobile phone in the bedroom environment until going to bed and leaving it to charge without turning it off, the electric field value was measured higher than in the kitchen environment. It can be seen that the electric field values measured in the kitchen, which is far from the modem and where there are not many mobile phones, are quite low. Table 6 gives the statistical results of the 50 Hz electric field effective value for four environments, and Table 7 gives the statistical results of the broadband electric field effective value. According to Table 7, the highest electric field value is 71 V/m, which corresponds to 116.39% of the value determined by ICNIRP.

**Table 6** Some statistical values of 50 Hz sourced electric field measurement in a home environment

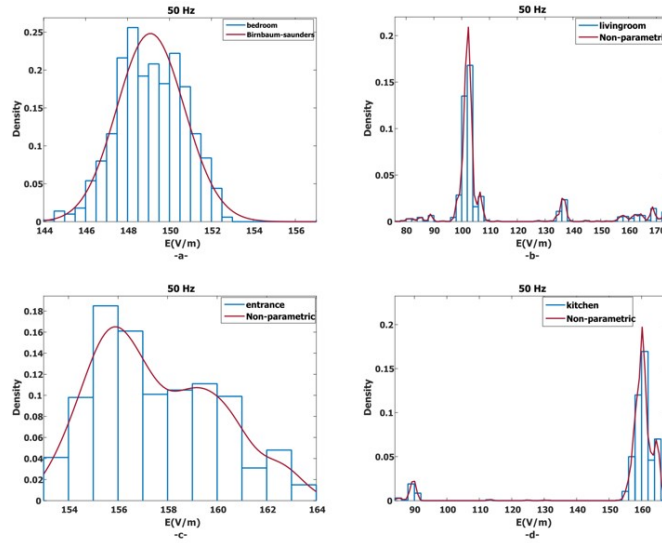
50 Hz	bedroom	livingroom	break(entrance)	kitchen
<b>E<sub>min</sub>(V/m)</b>	144	76	153	84
<b>E<sub>max</sub>(V/m)</b>	157	174	164	166
<b>E<sub>average</sub>(V/m)</b>	149.11	112.22	157.55	156.03
<b>E<sub>std</sub>(V/m)</b>	1.63	22.65	2.5	17.56

**Table 7** Some statistical values of broadband sourced electric field measurement in the home environment

Broadband	bedroom	livingroom	break(entrance)	kitchen
<b>E<sub>min</sub>(V/m)</b>	4	2	9	4
<b>E<sub>max</sub>(V/m)</b>	59	71	63	16
<b>E<sub>average</sub>(V/m)</b>	7.75	18.31	35.78	4.66
<b>E<sub>std</sub>(V/m)</b>	8	13.46	10.61	1.08

The lowest value is 2 V/m. Again, it is seen that the electric field value is very high in the environments where the modem is located and near it (livingroom and entrance), above the limit value of ICNIRP. According to the measurement results, ICNIRP's limit value

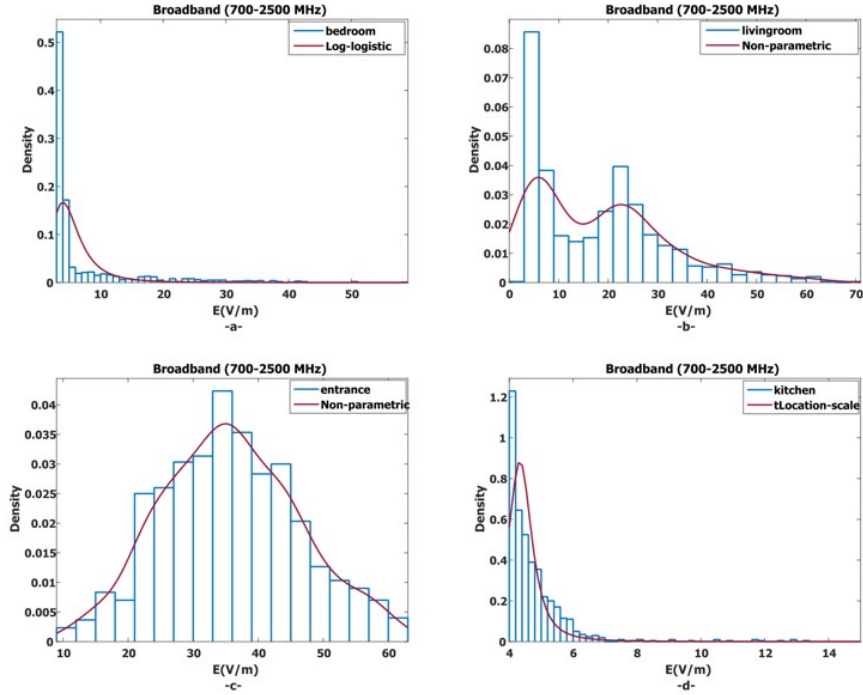
was exceeded ten times, seven times in the living room environment and 3 times in the entrance environment. Fig. 7 shows the variations of low frequency density values and the best fit curves fitted to these values depending on the electric field values.



**Fig. 7** Density changes of 50 Hz source electric field measurements made in four different environments and curves fitted to these changes

For example, the density (probability of occurrence) of 149 V/m in the bedroom is 0.2. Fig. 8 shows the variations of broadband density values and the best fit curves fitted to these values. Fig. 8

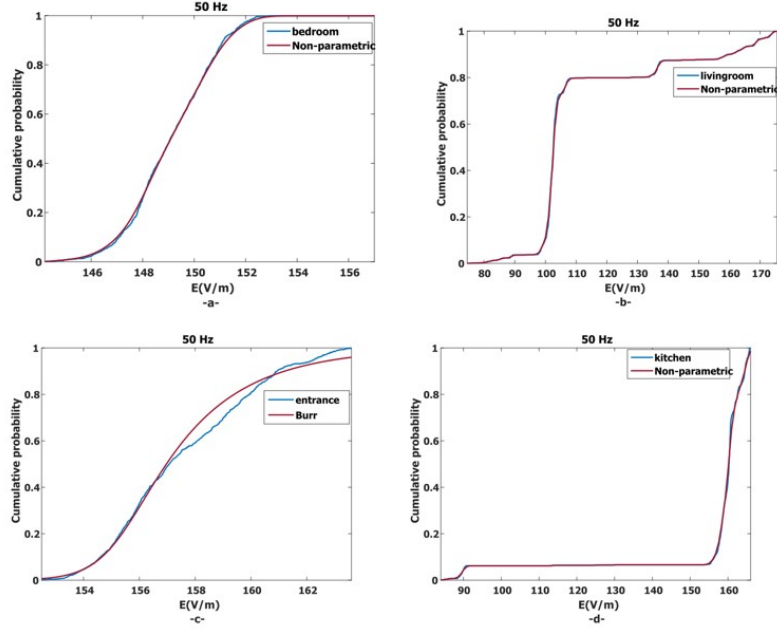
shows that the variations in the bedroom and kitchen are narrower band, while the variations in the other two environments where the modem is located are wider band.



**Fig. 8** Density changes of broadband induced electric field measurements made in four different environments and curves fitted to these changes

Fig. 9 shows the cumulative probability (CP) values (percentage of success) of 50 Hz measurements and the changes of the best fit curves fitted to them. It is seen

that the variations curves in the bedroom and entrance are smoother and the variations in the other two environments are more variable.



**Fig. 9** Cumulative probability changes of 50 Hz source electric field measurements in four different environments and curves fitted to these changes

**Table 8** Shows the distribution of measurements from GSM (700-2500 MHz) in fifteen subbands according to the number of data, total electric field and average electric field

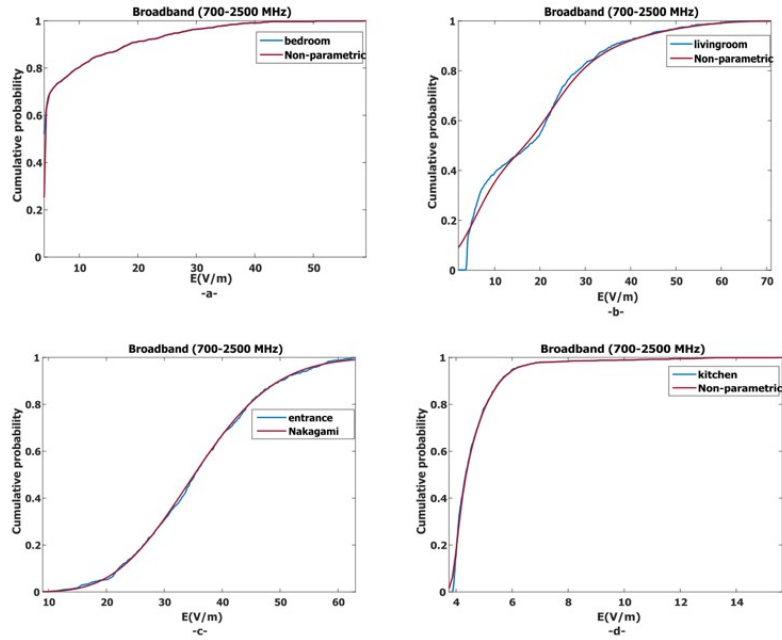
BANDS	Number of data (%)				Eaverage (V/m)/(%)	
LTE 800	0	19/1.9	0	448/44.8	0	6.34/18.13
ETC1	30/3	0	1/0.1	1/0.1	11.36/42.68	0
GSM 900	10/1	21/2.1	0	1/0.1	7.62/28.63	5.26/15.02
ETC 2	960/96	959/95.9	998/99.8	481/48.1	7.64/28.68	18.84/53.81
LTE 1800	0	1/0.1	0	69/6.9	0	4.56/13.02
WLAN	0	0	1/0.1	0	0	0
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>
BANDS	Etotal (V/m)/(%)				Eaverage (V/m)/(%)	
LTE 800	0	120.64/0.65	0	2229.75/47.85	0	4.97/19.45
ETC1	341.03/4.39	0	26.34/0.073	6.96/0.15	26.34/34	6.96/27.24
GSM 900	76.26/0.98	110.49/0.6	0	4.68/0.1	0	4.68/18.31
ETC 2	7335.23/94.6	18070.33/98.71	35733/99.88	2101.47/45.1	35.8/46	4.36/17.07
LTE 1800	0	4.56/0.02	0	316.04/6.78	0	4.58/17.9
WLAN	0	0	14.98/0.041	0	14.98/20	0
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>
	<b>1-bedroom</b>	<b>2-livingroom</b>	<b>3-entrance</b>	<b>4-kitchen</b>		

In Table 8, the number, percentage, average and total of broadband electric field measurements within 1000 data in six sub-bands are given. In Table 8, of the 1000 electric field effective values measured for the 1st environment (bedroom),

960 (96%) are ETC 2, 10 of them are GSM 900 (1%) and the remaining 30 electric fields are measured in the ETC 1 (30%) sub-band. In the second environment it is seen that 959 electric field values for the medium are in the ETC

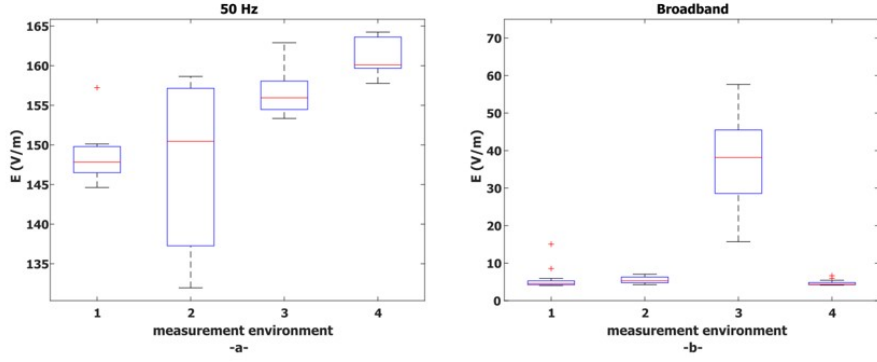
2 (95.9%), 21 in the GSM 900 (2.1%), 19 in the LTE 800 (1.9%) and 1 in the LTE 1800 (0.1%) sub-band. It can be seen from the table that the measurements are concentrated in the ETC 2 sub-band (96%;95.9%;99.8% and 48.1%).

Fig. 10 shows the cumulative probability values (percentage of success) of broadband measurements and the changes of the best fit curves fitted to them. It can be seen from the figure that the data for all four environments have a smooth change.



**Fig. 10** Cumulative changes of broadband induced electric field measurements in four different environments and curves fitted to these changes

Tables 9-12 show the equation coefficients of the best-fit curves fitted to 50 Hz electric field measurements and the root mean square error (RMSE) values that show that they are the best-fit curve.



**Fig. 11** Variation of the statistical values of the effective electric field values obtained in a-low frequency, b- broadband electrical measurement according to the environments

Fig. 11 shows the change of 50 Hz and broadband electric field statistical values depending on the measurement environment.

**Table 9** Statistical values of curves fitted to measurements from 50 Hz in the bedroom

<b>Bedroom 50 Hz</b>	
$f(x) = p_1x^3 + p_2x^2 + p_3x + p_4$	(Linear model Poly3) (Coefficients) with% 95 confidence bounds
$P_1$	$-3.218e^{-09}$
$P_2$	$1.419e^{-06}$
$P_3$	0.003558
$P_4$	147.7
<b>SSE</b>	2155
<b>R-square</b>	0.1657
<b>Adjusted R-square</b>	0.1632
<b>RMSE</b>	1.471

**Table 10** Statistical values of curves fitted to measurements from 50 Hz in the livingroom

<b>Livingroom 50 Hz</b>	
$f(x) = p_1x^3 + p_2x^2 + p_3x + p_4$	(Linear model Poly3) (Coefficients) with% 95 confidence bounds
$P_1$	$1.759e^{-07}$
$P_2$	$-5.214e^{-05}$
$P_3$	-0.1154
$P_4$	143.3
<b>SSE</b>	$2.467e^{05}$
<b>R-square</b>	0.5201
<b>Adjusted R-square</b>	0.5187
<b>RMSE</b>	15.74

**Table 11** Statistical values of curves fitted to measurements from 50 Hz at the entrance of the house

<b>entrance 50 Hz</b>					
$f(x) = a_0 + a_1 \cos(xw) + b_1 \sin(xw) + a_2 \cos(2xw) + b_2 \sin(2xw)$					
$+ a_3 \cos(3xw) + b_3 \sin(3xw) + a_4 \cos(4xw) + b_4 \sin(4xw) + a_5 \cos(5xw)$					
$+ b_5 \sin(5xw) + a_6 \cos(6xw) + b_6 \sin(6xw) + a_7 \cos(7xw) + b_7 \sin(7xw)$					
$+ a_8 \cos(8xw) + b_8 \sin(8xw)$ <b>(General model Fourier8) (Coefficients (with 95 confidence bounds))</b>					
<b>SSE</b>	<b>5942</b>				
<b>R-square</b>	<b>0.031</b>				
<b>Adjusted R-square</b>	<b>0.01423</b>				
<b>RMSE</b>	<b>2.46</b>				
$a_0$	157.6	$a_2$	0.1703	$b_3$	-0.06462
$a_1$	-0.1061	$b_2$	-0.2106	$a_4$	0.01808
$b_1$	-0.2143	$a_3$	0.01614	$b_4$	0.1143
$a_5$	-0.1889	$b_6$	-0.1008	$a_8$	0.1048
$b_5$	-0.1366	$a_7$	0.2694	$b_8$	0.1386
$a_6$	0.1492	$b_7$	0.1988	$w$	0.2415

**Table 12** Statistical values of curves fitted to measurements from 50 Hz in the kitchen

<b>kitchen 50 Hz</b>					
$f(x) = a_1 \exp(-((x - b_1)/c_1)^2) + a_2 \exp(-((x - b_2)/c_2)^2) + a_3 \exp(-((x - b_3)/c_3)^2) + a_4 \exp(-((x - b_4)/c_4)^2)$					
$+ a_5 \exp(-((x - b_5)/c_5)^2) + a_6 \exp(-((x - b_6)/c_6)^2) + a_7 \exp(-((x - b_7)/c_7)^2) + a_8 \exp(-((x - b_8)/c_8)^2)$					
<b>(General model Gauss8) (Coefficients (with 95 confidence bounds))</b>					
<b>SSE</b>	<b><math>7.872e^{04}</math></b>				
<b>R-square</b>	<b>0.7445</b>				
<b>Adjusted R-square</b>	<b>0.7385</b>				
<b>RMSE</b>	<b>8.981</b>				
$a_1$	86.88	$b_2$	61.66	$c_3$	113.2
$b_1$	364.7	$c_2$	328.7	$a_4$	159.9
$c_1$	141.2	$a_3$	92.56	$b_4$	968.5
$a_2$	163.6	$b_3$	740.6	$c_4$	221
$a_5$	72.14	$b_6$	573.5	$c_7$	12.81
$b_5$	523.6	$c_6$	49.76	$a_8$	74.13
$c_5$	28.98	$a_7$	61.68	$b_8$	645.8
$a_6$	91.71	$b_7$	495	$c_8$	65.56

It is seen that the curves fitted in the first two environments are linear (linear model, Pol3), while the curves fitted in the other two environments are more complex (Fourier 8 and Gaussian 8). Table 13-16 shows the equation coefficients of the best fit curves fitted to

broadband electric field measurements and the RMSE values showing that they are the best fit curve. It is seen that the curves fitted to broadband data contain more complex changes (Gaussian 6, Gaussian 8, Fourier 7 and Fourier 8) than the curves fitted to 50 Hz data.

**Table 13** Statistical values of curves fitted to broadband sourced measurements in the bedroom

<b>bedroom broadband</b>					
$f(x) = a_1 \exp(-((x - b_1)/c_1)^2) + a_2 \exp(-((x - b_2)/c_2)^2) + a_3 \exp(-((x - b_3)/c_3)^2) + a_4 \exp(-((x - b_4)/c_4)^2) + a_5 \exp(-((x - b_5)/c_5)^2) + a_6 \exp(-((x - b_6)/c_6)^2)$					
(General model Gauss6) (Coefficients (with 95 confidence bounds))					
<b>SSE</b>		<b>4.504e<sup>04</sup></b>			
<b>R-square</b>		<b>0.2966</b>			
<b>Adjusted</b>	<b>R-</b>	<b>0.2844</b>			
<b>square</b>					
<b>RMSE</b>		<b>6.772</b>			
$a_1$	3.828	$a_2$	$3.29e^{13}$	$a_3$	43.33
$b_1$	463	$b_2$	$3.698e^{05}$	$b_3$	386.1
$c_1$	165.1	$c_2$	$6.79e^{04}$	$c_3$	1.302
$a_4$	10.05	$a_5$	15.36	$a_6$	36.28
$b_4$	196.9	$b_5$	324.8	$b_6$	974
$c_4$	46.13	$c_5$	36.23	$c_6$	0.398

**Table 14** Statistical values of curves fitted to broadband sourced measurements in the livingroom

<b>livingroom broadband</b>					
$f(x) = a_1 \exp(-((x - b_1)/c_1)^2) + a_2 \exp(-((x - b_2)/c_2)^2) + a_3 \exp(-((x - b_3)/c_3)^2) + a_4 \exp(-((x - b_4)/c_4)^2) + a_5 \exp(-((x - b_5)/c_5)^2) + a_6 \exp(-((x - b_6)/c_6)^2) + a_7 \exp(-((x - b_7)/c_7)^2) + a_8 \exp(-((x - b_8)/c_8)^2)$					
(General model Gauss8) (Coefficients (with 95 confidence bounds))					
<b>SSE</b>		<b>1.223e<sup>05</sup></b>			
<b>R-square</b>		<b>0.3249</b>			
<b>Adjusted</b>	<b>R-</b>	<b>0.309</b>			
<b>square</b>					
<b>RMSE</b>		<b>11.19</b>			
$a_1$	20.72	$b_2$	640.9	$c_3$	3.996
$b_1$	1327	$c_2$	2.239	$a_4$	18.14
$c_1$	1047	$a_3$	33.95	$b_4$	158.3
$a_2$	28.71	$b_3$	377.2	$c_4$	9.626
$a_5$	13.99	$b_6$	578.9	$c_7$	57.2
$b_5$	433.5	$c_6$	138.6	$a_8$	13.7
$c_5$	51.52	$a_7$	14.06	$b_8$	520.9
$a_6$	14.71	$b_7$	218.1	$c_8$	1.777

**Table 15** Statistical values of curves fitted to broadband sourced measurements at the entrance of the house

<b>entrance broadband</b>					
$f(x) = a_0 + a_1 \cos(xw) + b_1 \sin(xw) + a_2 \cos(2xw) + b_2 \sin(2xw)$					
$+ a_3 \cos(3xw) + b_3 \sin(3xw) + a_4 \cos(4xw) + b_4 \sin(4xw) + a_5 \cos(5xw)$					
$+ b_5 \sin(5xw) + a_6 \cos(6xw) + b_6 \sin(6xw) + a_7 \cos(7xw) + b_7 \sin(7xw)$					
<b>(General model Fourier7) (Coefficients (with 95 confidence bounds))</b>					
<b>SSE</b>	<b>9.633e<sup>04</sup></b>				
<b>R-square</b>	<b>0.145</b>				
<b>Adjusted square</b>	<b>R-</b>	<b>0.132</b>			
<b>RMSE</b>	<b>9.894</b>				
$a_0$	8.07e <sup>05</sup>	$a_2$	-9.395e <sup>05</sup>	$b_3$	4.618e <sup>05</sup>
$a_1$	-3.51e <sup>05</sup>	$b_2$	4.973e <sup>05</sup>	$a_4$	1.587e <sup>05</sup>
$b_1$	-1.41e <sup>06</sup>	$a_3$	4.118e <sup>05</sup>	$b_4$	-2.3e <sup>05</sup>
$a_5$	-8.65e <sup>04</sup>	$b_6$	2.02e <sup>04</sup>	$w$	0.0025
$b_5$	-3.35e <sup>04</sup>	$a_7$	2275		
$a_6$	-2907	$b_7$	-166.1		

**Table 16** Statistical values of curves fitted to broadband sourced measurements in the kitchen

<b>kitchen broadband</b>					
$f(x) = a_0 + a_1 \cos(xw) + b_1 \sin(xw) + a_2 \cos(2xw) + b_2 \sin(2xw)$					
$+ a_3 \cos(3xw) + b_3 \sin(3xw) + a_4 \cos(4xw) + b_4 \sin(4xw) + a_5 \cos(5xw)$					
$+ b_5 \sin(5xw) + a_6 \cos(6xw) + b_6 \sin(6xw) + a_7 \cos(7xw) + b_7 \sin(7xw)$					
$+ a_8 \cos(8xw) + b_8 \sin(8xw)$					
<b>(General model Fourier8) (Coefficients (with 95 confidence bounds))</b>					
<b>SSE</b>	<b>1055</b>				
<b>R-square</b>	<b>0.09818</b>				
<b>Adjusted square</b>	<b>R-</b>	<b>0.08257</b>			
<b>RMSE</b>	<b>1.037</b>				
$a_0$	4.661	$a_2$	-0.01501	$b_3$	-0.1376
$a_1$	-0.0946	$b_2$	-0.06967	$a_4$	0.1207
$b_1$	0.0768	$a_3$	-0.1605	$b_4$	0.2496
$a_5$	0.1179	$b_6$	0.1449	$a_8$	-0.1062
$b_5$	-0.1034	$a_7$	0.0322	$b_8$	0.0761
$a_6$	-0.02816	$b_7$	-0.1684	$w$	0.0064

Table 17 gives the naming of the most suitable curves fitted to the density and cumulative probability values of broadband and 50 Hz electric field measurements. For example, it shows the

curve fitted to the broadband density function made in 11 bedrooms and the curve fitted to the 50 Hz cumulative probability (CP) values made in 82 kitchens.

**Table 17** Measurement environments, the table showing the frequency of these media with density and cumulative probability (CP)

	Broadband Density	50 Hz Density	Broadband CP	50 Hz CP
Bedroom	11	51	12	52
Livingroom	21	61	22	62
Entrance	31	71	32	72
Kitchen	41	81	42	82

In Table 18, NRMSE values of the most appropriate values adapted to 50 Hz and broadband electric field density values in four environments are given. For example, it can be seen that the most

suitable curve fitted to 50 Hz density values is in the Birnbaum Saunders structure and the NRMSE value is 0.001325, which is the lowest value in column 51 in the table.

**Table 18** Function type and NRMSE value that gives the best result of curves fitted to the electric field density values found by measurement

Density	NRMSE							
	11	Broadband Density			51	50 Hz Density		
		21	31	41	51	61	71	81
Birnbaum-Saunders	0.002153	0.000137	$9.47 \cdot 10^{-05}$	0.009598	<b>0.001325</b>	0.00067	0.002355	0.000579
Burr			$5.71 \cdot 10^{-05}$		11.54964	0.000559	0.00195	
Gamma	0.002263	0.000275	$6.89 \cdot 10^{-05}$	0.010405	11.55011	0.000675	0.002372	0.000573
Inverse Gaussian	0.002119	0.000149	$9.57 \cdot 10^{-05}$	0.009587	11.55012	0.00067	0.002355	0.000579
Log-Logistic	<b>0.001985</b>	0.000135	$6.68 \cdot 10^{-05}$	0.00707	11.55005	0.000641	0.002415	0.000506
Logistic				0.009096	11.55001	0.000661	0.002454	0.00047
Lognormal	0.002106	0.000138	$8.97 \cdot 10^{-05}$	0.009424	11.55013	0.00067	0.002354	0.000578
Nakagami	0.002384	0.000102	$5.77 \cdot 10^{-05}$	0.011523	11.55009	0.000681	0.002389	0.000568
Non-Parametric	0.002741	<b>0.000101</b>	$5.22 \cdot 10^{-05}$	0.006546	11.55052	$8.68 \cdot 10^{-05}$	<b>0.001763</b>	$5.89 \cdot 10^{-05}$
Normal	0.00253	0.000123	$5.59 \cdot 10^{-05}$	0.012344	11.55008	0.000686	0.002406	0.000562
Rayleigh	0.002528	0.000123	0.000197	0.015517		0.000719		
Rician	0.002528	0.000123	$5.56 \cdot 10^{-05}$	0.012308	11.55008	0.000686	0.002407	0.000562
t Location-Scale	0.002511			<b>0.005863</b>	11.55007	$8.95 \cdot 10^{-05}$	0.002407	$7.6 \cdot 10^{-05}$
Weibull	0.00229	0.000108	$6.59 \cdot 10^{-05}$	0.013813	11.55004	0.000698		$7.6 \cdot 10^{-05}$

In Table 19, the list of curves fitted to the electric field cumulative probability values measured in four environments and the NRMS values of the most suitable curves are given. For example, it is

seen that the NRMSE value of the curve fitted to broadband cumulative probability values in a 12 bedroom environment is  $4.7710^{-5}$ .

**Table 19** Function type and NRMSE value that gives the best result of curves fitted to the electric field CP values found by measurement

CP	NRMSE							
	Broadband (CP)				50 Hz (CP)			
	12	22	32	42	52	62	72	82
Birnbaum-Saunders	0.001482	0.000672	0.000441	0.002497	0.00146	0.002134	0.003084	0.004198
Burr			0.00014		0.001468	0.001554	<b>0.002687</b>	
Gamma	0.001386	0.000548	0.000224	0.003034	0.001442	0.002201	0.003115	0.001892
Inverse Gaussian	0.00142	0.000761	0.000448	0.002496		0.002133		0.002012
Log-Logistic	0.001273	0.000766	0.000336	0.001971	0.001903	0.001915	0.00315	0.001154
Logistic		0.000763		0.002371	0.001885	0.002084	0.00315	0.00097
Lognormal	0.001346	0.000706	0.000406	0.00238	0.001456	0.002124	0.003082	0.00199
Nakagami	0.001614	0.000523	<b>9.7</b> $10^{-05}$	0.003915	0.001423	0.002287	0.003147	0.001804
Non-Parametric	<b>4.77</b> $10^{-05}$	<b>0.000456</b>	0.000127	<b>0.000554</b>	<b>0.000141</b>	<b>2.4</b> $10^{-05}$	0.003147	<b>0.000189</b>
Normal		0.000796	0.000176		0.0014	0.002363		0.001691
Rayleigh	0.002607		0.001935	0.009986				
Rician	0.002607	0.001089	0.000155	0.004579	0.001404	0.00236	0.00318	0.001691
t Location-Scale	0.001607	0.000764		0.003233	0.001429	0.001387		0.000521
Weibull	0.001185	0.000518	0.000209	0.006876	0.001429	0.002551	0.005968	0.000852

The mathematical expressions of the curves applied to the measurement results are given below (Density function).

$$\frac{2m^m}{\Gamma(m)m^m} x^{2m-1} \exp\left(-\frac{mx^2}{\Omega}\right), \forall x \geq 0, \quad m \geq 0.5, \quad \Omega > 0 \quad (14)$$

$$\mu = \text{mean}_{nakagami} = \frac{\Gamma(m+0.5)}{\Gamma(m)} \left(\frac{\Omega}{m}\right)^{0.5} \quad (15)$$

$$\sigma^2 = \text{varian}_{nakgami} = \Omega \left(1 - \frac{1}{m} \left(\frac{\Gamma(m+0.5)}{\Gamma(m)}\right)^2\right) \quad (16)$$

$$f(x; c, k)_{burr} = \frac{ckx^{c-1}}{(1+x^c)^{k+1}}, \quad c > 0, \quad k > 0 \quad (17)$$

$$f(x)_{birn-sau} = \frac{\sqrt{\frac{\beta}{x-\mu}} + \sqrt{\frac{x-\mu}{\beta}}}{2\gamma(x-\mu)} \phi\left(\frac{-\sqrt{\frac{\beta}{x-\mu}} + \sqrt{\frac{x-\mu}{\beta}}}{\gamma}\right), \quad x > \mu, \quad \gamma, \beta > 0 \quad (18)$$

$$\mu_{birnbaum-saunders} = \beta \left(1 + \frac{\alpha^2}{2}\right) \quad (19)$$

$$\sigma_{birnbaum-saunders}^2 = (\alpha\beta)^2 \left(1 + \frac{5\alpha^2}{4}\right) \quad (20)$$

$$f(x|\mu, \sigma, \alpha)_{tLocation-scale} = \frac{\Gamma(\frac{\alpha+1}{2})}{\sigma\sqrt{\alpha\pi}\Gamma(\frac{\alpha}{2})} \left(\frac{\alpha + (\frac{x-\mu}{\sigma})^2}{\alpha}\right)^{-\frac{\alpha+1}{2}} \quad (21)$$

$$f(x, \alpha, \beta)_{log-logistic} = \frac{\left(\frac{\beta}{\alpha}\right) \left(\frac{x}{\alpha}\right)^{\beta-1}}{\left(1 + \left(\frac{x}{\alpha}\right)^\beta\right)^2}, \quad x > 0, \quad \alpha > 0, \quad \beta > 0 \quad (22)$$

The mathematical expressions of the curves applied to the measurement results are given below (CP).

$$F(x; m, \Omega)_{nakagami} = P\left(m, \frac{mx^2}{\Omega}\right) \frac{\gamma\left(m, \frac{mx^2}{\Omega}\right)}{\Gamma(m)} \quad (23)$$

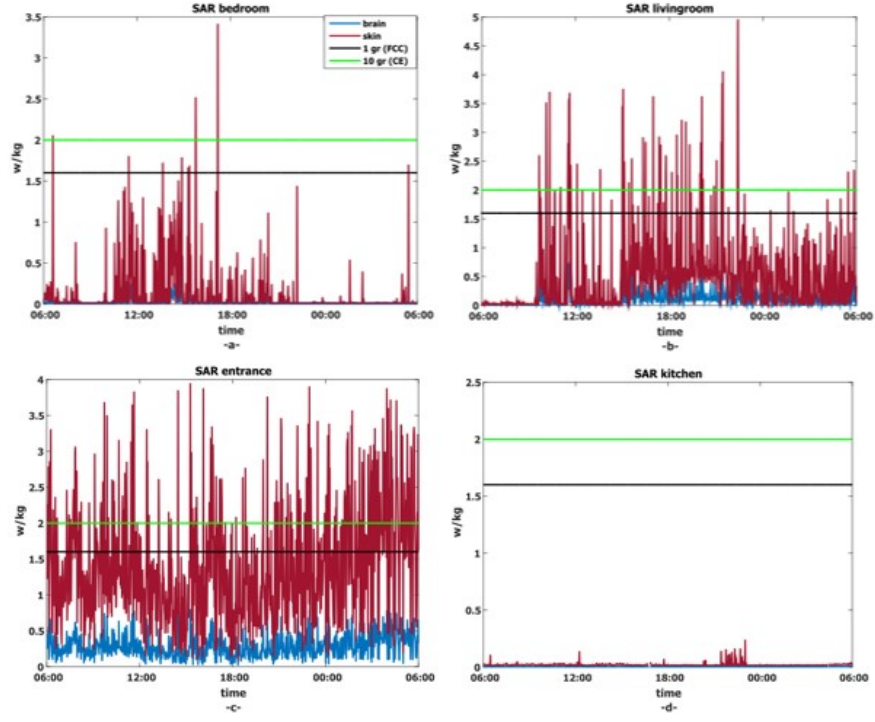
$$F(x; c, k)_{burr} = 1 - (1 + x^c)^{-k}, \quad c > 0, \quad k > 0 \quad (24)$$

$$F(x)_{birnbaum-saunders} = \phi\left(\frac{\sqrt{x} - \sqrt{\frac{1}{x}}}{\gamma}\right), \quad x > 0, \quad \gamma > 0 \quad (25)$$

$$F(x; \alpha, \beta)_{log-logistic} = \frac{x^\beta}{x^\beta + \alpha^\beta}, \quad x > 0, \quad \alpha > 0, \quad \beta > 0 \quad (26)$$

In Fig. 12, the SAR values created by the broadband electric field values in the human head and brain in four environments are given, as well as the limit values recommended by ICNIRP and accepted by FCC and CE for the general public, and their variations. As can be seen from Fig. 12, SAR values in the other three environments, except the kitchen environment, exceed both (FEC and CE) limit values. It is seen that the limit values are exceeded greatly in the entrance and living room environment

where the modem is located. Especially in the entrance environment, the highest SAR value measured is 3.75 W/kg and its average is 1.74 W/kg, and this average is seen to be above the FCC's limit value. The highest SAR value measured was 4.69 W/kg in the living room environment, and this value is 293.12% of the FCC and 234.5% of the CE. It can be seen that most of the SAR value occurring in the head part of the entrance environment is above the limit values of both CE and FCC.



**Fig. 12** Change of SAR values in the head and brain in four environments over time, taking into account the limit values of FCC and EC

In Table 20, considering the middle frequencies of the six sub-bands, all the electrical variations of each six layers are

shown in the table by finding the  $(\varepsilon_r, \sigma)$  at these frequencies.

**Table 20** All electrical properties of the head model created for SAR calculation

layer	LTE 800	ETC 1	GSM 900
	$\hat{\epsilon}(\text{permittivity})$	$\hat{\epsilon}$	$\hat{\epsilon}$
skin	$3.682 - 1.652i = 4.0358e^{-10}e^{-i24.15^\circ}$	$3.663 - 1.539i = 3.973e^{-10}e^{-i22.78^\circ}$	$3.647 - 1.487i = 3.9e^{-10}e^{-i22.18^\circ}$
fat	$0.4836 - 0.094i = 0.492e^{-10}e^{-i11.1^\circ}$	$(0.482 - 0.088i = 0.49e^{-10}e^{-i10.43^\circ}$	$0.482 - 0.087i = 0.489e^{-10}e^{-i10.34^\circ}$
bone	$1.106 - 0.24i = 1.13e^{-10}e^{-i12.56^\circ}$	$1.101 - 0.234i = 1.126e^{-10}e^{-i12^\circ}$	$1.097 - 0.247i = 1.124e^{-10}e^{-i12.69^\circ}$
dura	$3.938 - 1.82i = 4.338e^{-10}e^{-i24.79^\circ}$	$3.926 - 1.69i = 4.27e^{-10}e^{-i23.35^\circ}$	$3.917 - 1.64i = 4.247e^{-10}e^{-i22.74^\circ}$
CSF	$6.085 - 4.65i = 7.659e^{-10}e^{-i37.37^\circ}$	$6.074 - 4.31i = 7.451e^{-10}e^{-i35.38^\circ}$	$6.094 - 4.08i = 7.315e^{-10}e^{-i33.97^\circ}$
brain	$4.069 - 1.44i = 4.316e^{-10}e^{-i19.49^\circ}$	$4.051 - 1.34i = 4.26e^{-10}e^{-i18.38^\circ}$	$4.037 - 1.326i = 4.249e^{-10}e^{-i18.17^\circ}$
	$\hat{\gamma}(\text{Propagation constant})$	$\hat{\gamma}$	$\hat{\gamma}$
skin	$23.861 + 111.46i = 113.984e^{i77.88^\circ}$	$24.21 + 120.1i = 178.57^\circ$	$25.49 + 129.99i = 132.463e^{i78.87^\circ}$
fat	$3.854 + 39.646i = 39.833e^{i84.41^\circ}$	$3.917 + 42.882i = 43.060e^{i84.74^\circ}$	$4.212 + 46.6528i = 46.718e^{i84.79^\circ}$
bone	$6.614 + 60.043i = 60.407e^{i83.67^\circ}$	$6.823 + 64.861i = 65.219e^{i83.96^\circ}$	$7.83 + 70.351i = 70.786e^{i83.61^\circ}$
dura	$25.381 + 115.42i = 118.178e^{i77.5^\circ}$	$25.73 + 124.48i = 127.109e^{i78.28^\circ}$	$27.139 + 134.86i = 137.55e^{i78.58^\circ}$
CSF	$50.32 + 148.74i = 157.02e^{i71.27^\circ}$	$51 + 159.83i = 167.77e^{i72.27^\circ}$	$52.768 + 172.63i = 180.514e^{i72.97^\circ}$
brain	$19.96 + 116.18i = 117.88e^{i80.21^\circ}$	$20.293 + 125.37i = 126.99e^{i80.77^\circ}$	$21.74 + 135.85i = 137.582e^{i80.87^\circ}$
	$\hat{\eta}(\text{impedance})$	$\hat{\eta}$	$\hat{\eta}$
skin	$54.516 + 11.67i = 55.751e^{i12.07^\circ}$	$55.077 + 11.103i = 56.185e^{i11.39^\circ}$	$55.377 + 10.859i = 56.431e^{i11.09^\circ}$
fat	$158.78 + 15.439i = 159.533e^{i5.55^\circ}$	$159.19 + 14.543i = 159.853e^{i5.21^\circ}$	$159.35 + 14.427i = 160.005e^{i5.17^\circ}$
bone	$104.57 + 11.519i = 105.198e^{i6.28^\circ}$	$104.96 + 11.043i = 105.543e^{i6^\circ}$	$104.95 + 11.683i = 105.602e^{i6.34^\circ}$
dura	$52.517 + 11.548i = 53.772e^{i12.39^\circ}$	$53.031 + 10.964i = 54.153e^{i11.67^\circ}$	$53.273 + 10.721i = 54.341e^{i11.37^\circ}$
CSF	$38.334 + 12.97i = 40.469e^{i18.68^\circ}$	$39.086 + 12.473i = 41.028e^{i17.69^\circ}$	$39.601 + 12.105i = 41.410e^{i16.89^\circ}$
brain	$53.126 + 9.131i = 53.905e^{i9.74^\circ}$	$53.505 + 8.660i = 54.201e^{i9.19^\circ}$	$53.649 + 8.585i = 54.332e^{i9.08^\circ}$
	$\hat{T}(\text{Transmission constant})$	$\hat{T}$	$\hat{T}$
skin	$0.253 + 0.0472i = 0.258e^{i10.52^\circ}$	$0.256 + 0.044i = 0.259e^{i9.92^\circ}$	$0.257 + 0.043i = 0.260e^{i9.66^\circ}$
fat	$1.483 - 0.043i = 1.483e^{-i1.69^\circ}$	$1.48 - 0.041i = 1.481e^{-i1.6^\circ}$	$1.479 - 0.039i = 1.480e^{-i1.54^\circ}$
bone	$0.794 + 0.006i = 0.794e^{i0.43^\circ}$	$0.795 + 0.006 = 0.795e^{i0.47^\circ}$	$0.795 + 0.009i = 0.795e^{i0.71^\circ}$
dura	$0.675 + 0.047i = 0.677e^{i4.04^\circ}$	$0.677 + 0.044i = 0.679e^{i3.74^\circ}$	$0.679 + 0.039i = 0.680e^{i3.31^\circ}$
CSF	$0.858 + 0.053i = 0.860e^{i3.59^\circ}$	$0.861 + 0.051i = 0.863e^{i3.42^\circ}$	$0.864 + 0.048i = 0.866e^{i3.18^\circ}$
brain	$1.143 - 0.076i = 1.145e^{-i3.83^\circ}$	$1.139 - 0.072i = 1.141e^{-i3.66^\circ}$	$1.135 - 0.067i = 1.137e^{-i3.41^\circ}$
	$\hat{\Gamma}(\text{Reflection constant})$	$\hat{\Gamma}$	$\hat{\Gamma}$
skin	$-0.746 + 0.047 = 0.747e^{i176.38^\circ}$	$-0.744 + 0.044i = 0.745e^{i176.55^\circ}$	$-0.742 + 0.043i = 0.744e^{i176.62^\circ}$
fat	$0.483 - 0.043i = 0.485e^{-i5.17^\circ}$	$0.48 - 0.041i = 0.482e^{-i4.93^\circ}$	$0.479 - 0.039i = 0.481e^{-i4.75^\circ}$
bone	$-0.205 + 0.006i = 0.225e^{i178.29^\circ}$	$-0.204 + 0.006i = 0.204e^{i178.15^\circ}$	$-0.204 + 0.009i = 0.205e^{i177.23^\circ}$
dura	$-0.324 + 0.047i = 0.327e^{i171.61^\circ}$	$-0.322 + 0.044i = 0.325e^{i172.16^\circ}$	$-0.321 + 0.039i = 0.323e^{i173^\circ}$
CSF	$-0.141 + 0.053i = 0.151e^{i159.516^\circ}$	$-0.138 + 0.051i = 0.147e^{i159.54^\circ}$	$-0.135 + 0.048i = 0.143e^{i160.41^\circ}$
brain	$0.143 - 0.076i = 0.162e^{-i28.13^\circ}$	$0.139 - 0.072i = 0.157e^{-i27.64^\circ}$	$0.135 - 0.067i = 0.151e^{-i26.55^\circ}$
$\hat{T}_{in}$	$0.4299 + 0.260i = 0.502e^{i31.15^\circ}$	$0.4558 + 0.234i = 0.512e^{i27.16^\circ}$	$0.4722 + 0.2032i = 0.514e^{i23.27^\circ}$
$\hat{\gamma}_{in}$	$-0.5701 + 0.26i = 0.626e^{i155.49^\circ}$	$-0.544 + 0.234i = 0.592e^{i156.74^\circ}$	$-0.527 + 0.203i = 0.565e^{i158.95^\circ}$

Table 21 continued from table 20

layer	ETC 2	LTE 1800	WLAN
	$\hat{\epsilon}(\text{permittivity})$	$\hat{\epsilon}$	$\hat{\epsilon}$
skin	$3.54 - 1.192i = 3.735e^{-10}e^{-i18.6^\circ}$	$3.432 - 1.03i = 3.584e^{-10}e^{-i16.74^\circ}$	$3.362 - 0.949i = 3.494e^{-10}e^{-i15.76^\circ}$
fat	$(0.476 - 0.075i = 0.482e^{-10}e^{-i8.97^\circ})$	$0.471 - 0.068i = 0.476e^{-10}e^{-i8.29^\circ}$	$0.441 - 0.067i = 0.447e^{-10}e^{-i8.68^\circ}$
bone	$1.069 - 0.247i = 1.097e^{-10}e^{-i13.02^\circ}$	$1.04 - 0.248i = 1.069e^{-10}e^{-i13.41^\circ}$	$1.006 - 0.255i = 1.038e^{-10}e^{-i14.24^\circ}$
dura	$3.853 - 1.326i = 4.075e^{-10}e^{-i18.98^\circ}$	$3.785 - 1.158i = 3.959e^{-10}e^{-i17^\circ}$	$3.716 - 1.083i = 3.87e^{-10}e^{-i16.24^\circ}$
CSF	$6 - 3.087i = 6.748e^{-10}e^{-i27.21^\circ}$	$5.932 - 2.546i = 6.456e^{-10}e^{-i23.22^\circ}$	$5.854 - 2.244i = 6.269e^{-10}e^{-i20.96^\circ}$
brain	$3.938 - 1.12i = 4.095e^{-10}e^{-i15.87^\circ}$	$3.883 - 1.012i = 3.969e^{-10}e^{-i14.77^\circ}$	$3.759 - 0.979i = 3.885e^{-10}e^{-i14.59^\circ}$
	$\hat{\gamma}(\text{Propagation constant})$	$\hat{\gamma}$	$\hat{\gamma}$
skin	$30.425 + 185.72i = 188.191e^{i80.66^\circ}$	$35.919 + 243.88i = 246.513e^{i81.58^\circ}$	$44.093 + 318.25i = 321.292e^{i82.07^\circ}$
fat	$5.294 + 67.445i = 67.653e^{i85.47^\circ}$	$6.504 + 89.6511i = 89.887e^{i85.81^\circ}$	$8.702 + 114.59i = 114.922e^{i85.62^\circ}$
bone	$11.571 + 101.36i = 102.016e^{i83.45^\circ}$	$15.737 + 133.72i = 134.64e^{i83.25^\circ}$	$21.725 + 173.77i = 175.31e^{i82.84^\circ}$
dura	$32.436 + 193.86i = 196.551e^{i80.46^\circ}$	$8.315 + 256.22i = 259.072e^{i81.46^\circ}$	$47.79 + 334.77i = 338.16e^{i81.84^\circ}$
CSF	$59.525 + 245.83i = 252.934e^{i76.35^\circ}$	$66.61 + 324.06i = 330.837e^{i78.35^\circ}$	$78.33 + 423.19i = 430.38e^{i79.48^\circ}$
brain	$27.212 + 195.15i = 197.034e^{i82.02^\circ}$	$33.366 + 257.26 = 259.411e^{i82.57^\circ}$	$43.045 + 336.04i = 338.789e^{i82.66^\circ}$
	$\hat{\eta}(\text{impedance})$	$\hat{\eta}$	$\hat{\eta}$
skin	$57.184 + 9.368i = 57.946e^{i9.3^\circ}$	$58.525 + 8.619i = 59.156e^{i8.37^\circ}$	$59.349 + 8.222i = 59.916e^{i7.88^\circ}$
fat	$160.7 + 12.614i = 161.19e^{i4.48^\circ}$	$161.81 + 11.74i = 162.235e^{i4.14^\circ}$	$167.03 + 12.684i = 167.51e^{i4.34^\circ}$
bone	$106.21 + 12.125i = 106.895e^{i6.51^\circ}$	$107.57 + 12.659i = 108.31e^{i6.7^\circ}$	$109.08 + 13.638i = 109.929e^{i7.12^\circ}$
dura	$54.721 + 9.155i = 55.482e^{i9.49^\circ}$	$55.67 + 8.324i = 56.289e^{i8.5^\circ}$	$56.356 + 8.045i = 56.927e^{i8.12^\circ}$
CSF	$41.903 + 10.146i = 43.114e^{i13.6^\circ}$	$43.176 + 8.874i = 44.078e^{i11.61^\circ}$	$43.982 + 8.14i = 44.729e^{i10.48^\circ}$
brain	$54.815 + 7.643i = 55.346e^{i7.93^\circ}$	$55.748 + 7.23i = 56.215e^{i7.38^\circ}$	$56.361 + 7.219i = 56.822e^{i7.29^\circ}$
	$\hat{T}(\text{Transmission constant})$	$\hat{T}$	$\hat{T}$
skin	$0.264 + 0.037i = 0.266e^{i8.05^\circ}$	$0.269 + 0.034i = 0.271e^{i7.23^\circ}$	$0.272 + 0.032i = 0.274e^{i6.79^\circ}$
fat	$1.471 - 0.032i = 1.472e^{-i1.27^\circ}$	$1.466 - 0.028i = 1.466e^{-i1.12^\circ}$	$1.473 - 0.024i = 1.473e^{-i0.93^\circ}$
bone	$0.797 + 0.016i = 0.797e^{i1.21^\circ}$	$0.8 + 0.021i = 0.8e^{i1.53^\circ}$	$0.792 + 0.023i = 0.792e^{i1.68^\circ}$
dura	$0.683 + 0.023i = 0.683e^{i1.96^\circ}$	$0.683 + 0.014i = 0.684e^{i1.18^\circ}$	$0.682 + 0.007i = 0.682e^{i0.65^\circ}$
CSF	$0.874 + 0.035i = 0.875e^{i2.31^\circ}$	$0.878 + 0.026i = 0.878e^{i1.74^\circ}$	$0.88 + 0.02i = 0.88e^{i1.32^\circ}$
brain	$1.124 - 0.048i = 1.125e^{-i2.48^\circ}$	$1.121 - 0.036i = 1.121e^{-i1.85^\circ}$	$1.119 - 0.027i = 1.119e^{-i1.40^\circ}$
	$\hat{\Gamma}(\text{Reflection constant})$	$\hat{\Gamma}$	$\hat{\Gamma}$
skin	$-0.735 + 0.037i = 0.736e^{i177.09^\circ}$	$-0.73 + 0.034i = 0.731e^{i177.32^\circ}$	$-0.727 + 0.032i = 0.728e^{i177.44^\circ}$
fat	$0.471 - 0.032i = 0.472e^{-i3.96^\circ}$	$0.466 - 0.028i = 0.467e^{-i3.54^\circ}$	$0.473 - 0.024i = 0.474e^{-i2.9^\circ}$
bone	$-0.202 + 0.016i = 0.203e^{i175.23^\circ}$	$-0.199 + 0.021i = 0.2e^{i173.84^\circ}$	$-0.207 + 0.023i = 0.209e^{i173.6^\circ}$
dura	$-0.316 + 0.023i = 0.317e^{i175.77^\circ}$	$-0.316 + 0.014i = 0.316e^{i177.44^\circ}$	$-0.317 + 0.007i = 0.317e^{i178.59^\circ}$
CSF	$-0.125 + 0.035i = 0.130e^{i164.3^\circ}$	$-0.121 + 0.026i = 0.124e^{i178.25^\circ}$	$-0.12 + 0.02i = 0.121e^{i170.4^\circ}$
brain	$0.124 - 0.048i = 0.133e^{-i21.39^\circ}$	$0.121 - 0.036i = 0.126e^{-i16.66^\circ}$	$0.119 - 0.027i = 0.122e^{-i12.94^\circ}$
$\hat{T}_{in}$	$0.456 + 0.103i = 0.467e^{i12.71^\circ}$	$0.484 + 0.135i = 0.502e^{i15.6^\circ}$	$0.59 + 0.085i = 0.596e^{i8.22^\circ}$
$\hat{\gamma}_{in}$	$-0.543 + 0.103i = 0.553e^{i169.27^\circ}$	$-0.515 + 0.135i = 0.533e^{i178.25^\circ}$	$-0.409 + 0.085i = 0.418e^{i168.22^\circ}$

Table 21 shows the comparison between the changes revealed in the studies carried out in this field so far and my proposed study. In all this study, it is seen

that the wireless modem is a very important electromagnetic wave transmitter, and people near its location are exposed to SAR above the limit values, and this situation creates health problems.

**Table 22** Comparison of my work with existing studies

Ref.	measured frequency range	measured time	measured quantity	measured area	Calculated and plotted values and tables
[1]	50 Hz	One hour	E, H, GPS	Measurements were taken at 30 points outside Diyarbakir (Turkey)	E and H
[2]	50 Hz	6 minutes	H	at 31 points in houses close to transformer stations in municipality of Silla (Valencia, Spain)	H Location Age Mean Number Max Min Std Median The change of transformer age according to the average magnetic field is graphically H, table
[8]	60 Hz	6 minutes	H	Magnetic field exposure measurement	
[9]	50 Hz, broadband (700-2500 MHz), GPS	6 minutes	E, $Pr(W/m^2)$ , measurement coordinate (GPS)	32 points Ordu university main campus (Turkey)	E, $Pr$ , Google earth, $E_{mean}$ , $E_{pdf}$ and curve fitting
[16]	1.5 Tesla 63 MHz MR	6 minutes	E, H, $S(W/m^2)$	During the measurement phase of the study, measurements were taken from eleven different institutions in order to calculate the exposure of employees to MRI devices and diathermy devices, which are the strongest electromagnetic field sources in the healthcare industry, and the measurement results were evaluated by comparing them with limit values. Within the scope of the measurements, one university hospital, one state hospital, two private hospitals, four medical imaging centers, three physical therapy and rehabilitation centers were visited, and measurements were carried out by obtaining information about MR imaging procedures and diathermy device use in the institutions (Turkey)	E, H, S
[18]	4G, 5G LTE	6 minutes	E	Columbia, SC, In the city center in USA	Histogram of spatial field distribution measurements
[20]	50 Hz, broadband (700-2500 MHz)	6 minutes	E	Low frequency electric field measurement of broadband and high voltage was carried out in Bursa Nilufer municipality (Turkey)	E
[21]	50 Hz	6 minutes	E	A 6-minute measurement was made at 213 points at 6 base stations in Ordu	E, $E_{pdf}$
[22]	broadband (700-2500 MHz)	6 minutes	E	In Ordu 500 points broadband electric field in 6 minutes (Turkey)	E, $E_{cdf}$ , $E_{pdf}$ pdf
[26]	100kHz-3GHz	24 hours	E	Outdoor at 5 points in Samsun city (Turkey) cross base stations	E, $E_{density}$ curve fitting, $E_{max}$ , $E_{mean}$ , $E_{std}$ table
[27]	100kHz-3GHz	24 hours	E	In house two locations in Samsun (Turkey)	E, $E_{density}$ curve fitting, $E_{max}$ , $E_{mean}$ , $E_{std}$ table
[28]	100kHz-3GHz	one week	E	In shopping mall in Samsun city (Turkey)	E, $E_{density}$ curve fitting, $E_{max}$ , $E_{mean}$ , $E_{std}$ table
[29]	100kHz-3GHz	24 hours	E	In Samsun in (Turkey) 40 different home environments	$E_{cdf}$ E, $E_{density}$ curve fitting, $E_{max}$ , $E_{mean}$ , $E_{std}$ table
[My study]	50 Hz, broadband (700-2500 MHz)	24 hours	E	In the entrance, livingroom, bedroom and kitchen on the 4th floor of an apartment building in Ordu kugukent (Turkey)	$E_{cdf}$ and Curve fitting E, $E_{density}$ , $E_{max}$ , $E_{mean}$ , $E_{std}$ table $E_{cdf}$ , Curve fitting, SAR and head model

## 4 Conclusion

In this study, low and high frequency electric field effective value exposure measurements were recorded at four different points of a house for 24 hours, 1000 data in each environment. In 50 Hz measurements, it is seen that the lowest value

of the electric field is 76 V/m, the highest value is 174 V/m, the highest average value is 157.55 V/m, and the highest standard deviation value is 22.65 V/m. The fact that the highest electric field value is 174 V/m and only 3.48% of the limit value of 5000 V/m determined by ICNIRP for general public environments shows that low frequency measurements

do not cause any health problems. When we look at the broadband measurement values, it is seen that the electric field values, electric field averages and standard deviations in the entrance and living room located inside and very close to the modem are very high. It is seen that the electric field values increase in direct proportion to the time spent and the proximity of the modem to the environment. It is seen that the curves fitted to low frequency electric field measurement values are linear in the bedroom and living room, more complex in the entrance and kitchen environments, and broadband measurement values are more complex (Fourier 8, Gauss 8) for all four environments. It is seen that the most suitable curves fitted to 50 Hz density and cumulative probability data consist of non-parametric functions except bedroom (Birnbaum Saunders) and entrance (Burr). When we look at the best fit curves fitted to broadband measurement density data, it is seen that the two environments have the same (non-parametric, living room and entrance), bedroom log-logistic and kitchen location structure. It is seen that the most appropriate curves fitted to broadband cumulative probability values have the same (non-parametric) character for the other 3 environments, except for the entrance (Nakagami). In broadband measurements, it is seen that data is collected in the ETC 2 sub-band in 6 sub-bands, with the exception of the kitchen (48.1%) , and over 95% in the other 3 environments. The SAR values created by the broadband electric field measurement values in the living room and entrance area where the modem is located, are well above the limit values determined by ICNIRP for general public environments

and accepted by FCC and CE, FCC corresponds to 293.12% CE corresponds to 234.5% , and these values appear to pose health risks. It turns out that the wireless modem is a significant high frequency electromagnetic emitter and should be away from the livingroom and bedroom where a lot of time is spent. This study, unlike the studies carried out in this field so far, is unique in terms of both the abundance of calculated values and the results presented, the creation of a head model in order to criticize the data in terms of health, and the calculation of the SAR values occurring in both the head and the brain and showing their changes over time together with the limit values.

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#### **Declarations**

**Conflict of interest** The author declare that I have no conflict of interest.

**Replication of results** The MATLAB codes used to generate the results will be uploaded in github after publication.

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